

## **AFC TICKTON**

### **COVID-19 Risk Assessment for Restarting Competitive Youth Football**

**2<sup>nd</sup> December 2020**

This updated risk assessment is in-line with East Riding FA's guidance published 1<sup>st</sup> December 2020 "Covid-19 Guidance on re-starting outdoor competitive grassroots football".



(This is alongside the previous toolbox talk briefing/risk assessment from the summer and all practices are to continue as previously instructed.

### **Prevention**

Everyone (players, managers, coaches and spectators) should self-assess for Covid-19 symptoms before every training session or match. Anyone who is symptomatic or living in a household with possible or actual Covid-19 infection **MUST NOT** participate or attend training sessions or matches.

### **Covid-19 symptoms:**

- ☺ A high temperature (above 37.8 degrees Celsius)
- ☺ A new, continuous cough
- ☺ A loss of, or change to, their sense of smell and taste
- ☺ Parents **MUST** inform AFC Tickton Manager/Coach if anyone in their household has been symptomatic or has had a positive Covid-19 test in the last 14 days. Once 14 days have lapsed, participants and spectators may return to training and/or matches. In addition, any participants who have been asked to isolate by NHS Test and Trace because they are a contact of a known Covid-19 case, must not exercise outside their home/garden or with others.

### **Player Requires First Aid or Displays Covid-19 Symptoms**

If player/s discloses feeling unwell with Covid-19 symptoms, parents to be contacted immediately to collect their child. Child is to be isolated away from other participants until they are collected.

In the first instance the child's parent should administer the first aid with the instruction of the qualified first aider.

In the unlikely event emergency first aid needs to be administered, the first aider must wear PPE equipment which include face covering and disposable gloves. All managers have been issued with these items.

Hand sanitizer **MUST** be used immediately after any contact with a participant who requires first aid.

Should there be a confirmed Covid-19 case training may cease for 14 days for the whole team.

### **Travel to Training and Matches**

All participants and other attendees should follow best practice for travel:

- ☺ Walk or cycle, where possible
- ☺ Household or support bubbles can travel together in a vehicle.

### **Pick Up and Drop Off Arrangements**

All training sessions have a designated grass area and must leave promptly, all 3G training session have an entry and exit guideline to follow and no parents are permitted within the 3G area and are required to leave the venue as swiftly as possible to limit contact with others.

## **Hygiene Practice**

Each manager has been provided with their own hand sanitizer and are required to inform the Welfare Officers when they need further sanitizer.

Players, managers and coaches MUST sanitize their hands before, during (break in play) and after the training session and match.

Sharing of equipment must be avoided where possible. Children, where possible, should not handle equipment.

Bibs should only be used once, and not transferred across players, and washed immediately after use.

Equipment is to be regularly wiped/sprayed down with the appropriate cleaning equipment after every session. Footballs should be disinfected as often as possible when the ball has been handled.

Goalkeepers should ensure they disinfect their gloves before and after training and matches.

All participants MUST refrain from spitting. Water bottles should be named and not shared with anyone else, under any circumstance. Coughing and sneezing should be into the elbow and not into hands. Any child intentionally coughing on another participant, or threatening, to will be removed from the training session immediately and their parent informed. Players should try and ensure they do not touch their face. NO team TEA stalls are permitted at Longcroft during Tier 3.

## **MATCH DAY/Training**

- ☺ We suggest each of our teams have a designated parent assigned to ensure supporters from both teams follow social distancing guidance. Please assist them and respect any request to stick to the guidance.
- ☺ Anyone not from the same family or support bubble should be 2m apart and groups of more than 6 people congregating are not allowed. Please also follow this guidance when arriving, leaving and approaching our venues.
- ☺ If teams or their spectators are unable to stick to the guidance, we support stopping the match (Please report to AFC Tickton committee and ask the manager to report on their score cards).

## **Track and Trace**

AFC Tickton support the Track and Trace efforts and will enforce the following:

- ☺ Managers MUST collect the names of all players attending each training session and match.
- ☺ Managers MUST keep the list for 28 days and if requested email the list to the Welfare Officers, [tickton@imagination.karoo.co.uk](mailto:tickton@imagination.karoo.co.uk) within 12hours of request.
- ☺ Failure to do so may result in future training or matches being cancelled.

Participant's information will be held for a minimum of 21 days in accordance with the Data Protection Act 2018 and in line with GDPR principles.

## **Review Process**

Spot checks will be regularly carried out by AFC Tickton Covid-19 Officers or committee members to ensure that all managers, coaches AND PARENTS are adhering to the guidance. If a manager or coach is not adhering to the guidelines, the training session will be stopped immediately.

The guidelines have been posted on our Facebook members page and managers are to request consent from all parents, informing them of where the guidance can be found. Consent is given by parents and by allowing their child/children to attend training sessions and matches it is acknowledged.

These guidelines will be constantly reviewed, any changes will be communicated to all managers, coaches and players/parents as well as AFC committee members.

Should managers or coaches have any questions, these should be raised with the committee and/or Child Welfare Officers.

## Safeguarding

All AFC Tickton managers and coaches hold a valid and current DBS (Criminal Record Check), and have undertaken the necessary safeguarding training (Online if joined after March 2020). There will be at least one First Aider at every training session. Parent helpers or other volunteers are not permitted to assist until they have undergone the necessary CRC check and safeguarding training (Unless own child).

Parents will be aware that the period of isolation may have resulted in their child/children becoming anxious or unsure as to whether to resume football. Parents should only support their child's return to football when they feel confident to do so. If parents have any questions, please do not hesitate to contact our committee members or Child Welfare Officers on the following numbers or email address: (Please bear in mind your call may not be answered straight away as our committee members may be at work).

[tickton@imagination.karoo.co.uk](mailto:tickton@imagination.karoo.co.uk) or [richandellie@hotmail.com](mailto:richandellie@hotmail.com)

Kirsty: 07961082301

Morgan: 07538326427

Rich: 07784369344

Ellie: 07546341683

Jimmy: 07504925870

## **Outcome of the Risk Assessment**

AFC Tickton have assessed the risks and put measures in place in order to reduce the risk of Covid-19 so far as is reasonably practical.

Remember...

If you don't feel comfortable getting back on the pitch, there is absolutely no pressure to do so and the club fully supports every one of our member's right to choose when they return. Please follow your own instincts and make your child's coach aware if your son or daughter has any anxiety around returning to football or any health issues that might make it difficult for them to return at this time.

And finally, if you, or any member of your household is exhibiting any of the symptoms of Covid-19, or if you have been contacted by the government's track and trace scheme or the track and trace app and told you need to self-isolate, please inform your coach, do not attend any football activity and follow government health guidance on what to do next.

Stay safe.

